

Peru Catholic School - October 2024 Menu

Due: Sept 19th 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	1 (1)Corn Dog ½ c. French Fries ½ cup Green Beans ½ Apple	2 (1)Fish Patty on White Bun, ¾ cup Corn ½ cup. Pineapple 1 oz. Goldfish Crackers	3 (5)Chicken Nuggets ¾ cup Tater Tots ½ Orange (5)Carrot & Celery Sticks	4 (1) Cheese Pizza; (1) Breadstick with sauce; ¾ c salad (2) cookies
7 Ham/Cheese Sub Sandwich ¼ cup Lettuce (2) Sliced Tomatoes 1 oz. bag Potato Chips ½ cup Applesauce & (2)Cookies	8 (1)Burger on White Bun (1)American Cheese ½ cup French Fries and Green Beans (2)Cookies	9 1 cup Spaghetti ½ cup Pudding (1)sl. Italian Bread (5)Carrot & Celery Sticks	10 (6)Sweet&Sour Chicken ½ cup Fried Rice (1)Egg Roll, ½ Orange ½ cup Mixed Vegetables	11 No School – Teacher’s Institute
14 No School Columbus Day	15 3 oz Sloppy Joes (1)White Bun ½ cup mac and cheese ½ cup Corn ½ cup Pudding	16 1 cup Mostacioli (1)Breadstick ¾ cup Lettuce ½ Apple	17 (2) Chicken Strips ½ c. Mashed Potatoes ¼ c Gravy ½ Orange (5) Carrot and Celery Sticks	18 (1) Cheese Pizza (1) Breadstick with sauce; ¾ c salad (2) cookies
21 ½ cup Scrambled Eggs (2)Pancakes (2)Bacon ½ cup Hash Browns, ½ cup Grapes	22 (2)Hot Dogs (2)White Buns ¾ cup Tater Tots ½ cup Green Beans (2)Cookies	23 1 c. Chicken Noodle Soup (1)Grilled Cheese ½ cup Grapes (5)Carrot & Celery Sticks	24 (chicken nachos) ½ cup Chicken, 2 oz. Cheese Sauce, 3 oz. Tortilla Chips ½ c. tomatoes/lettuce ½ cup Corn ½ Banana	25 (1) Cheese Pizza (1) Breadstick with sauce; ¾ c salad (2) cookies
28 Ham/Cheese Sub Sandwich ¼ cup Lettuce (2) Sliced Tomatoes 1 oz. bag Potato Chips ½ cup Applesauce (2)Cookies	29 (1)Corn Dog ½ c. French Fries ½ cup Green Beans ½ Apple	30 (1) Lasagna (1) Slice Italian Bread ¾ c. Lettuce ½ c. Fruit Cocktail	31 1-1/2 cup Chili; (1) Breadstick ½ c Grapes; 2 (Saltine Crackers) (2) Cookies	